

Meditate the Word

LESSON 17 – OUTLINE

1. God's Word tells us how to get understanding and train our hearts so they can listen and see.

I have more understanding than all my teachers: for thy testimonies are my meditation.

PSALM 119:99

- A. Meditation is reading the Word, then closing your physical eyes to think about what you've read until you can see it with the spiritual eyes of your heart—your imagination.
- B. John 14:12 is a powerful verse, but you need to see it in your heart before you can experience it for yourself.

Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father.

JOHN 14:12

- C. Until you see it on the inside, you can't see it on the outside.
2. Very few believers meditate on the Word day and night like Joshua 1:8 tells us to do.
 - A. You can meditate on the things of God and still work at your job.
 - B. You don't have to be a minister to meditate on the Word day and night.
 - C. God wouldn't have commanded you to meditate on the Word day and night if you couldn't do it—you can do it!
 3. God's Word gives you understanding and opens up your heart.

Through thy precepts I get understanding: therefore I hate every false way.

PSALM 119:104

- A. God's Word touches your heart—it's written to your heart.
 - i. If you'll read it with your heart, you'll have understanding.
 - ii. If you just try to pick it apart with your brain, you'll mess up and miss things.
- B. If you'll listen, the entrance of His Word will give you light.

The entrance of thy words giveth light; it giveth understanding unto the simple.

PSALM 119:130

4. The book of Proverbs was written to give you God's wisdom and understanding.

To know wisdom and instruction; to perceive the words of understanding; To receive instruction of wisdom, justice, and judgment, and equity; To give subtilty to the simple, to the young man knowledge and discretion. A wise man will hear, and will increase learning; and a man of understanding shall attain unto wise counsels: To understand a proverb, and the interpretation; the words of the wise, and their dark sayings.

PROVERBS 1:2-6

My son, if thou wilt receive my words, and hide my commandments with thee; So that thou incline thine ear unto wisdom, and apply thine heart to understanding; Yea, if thou criest after knowledge, and liftest up thy voice for understanding; If thou seekest her as silver, and searchest for her as for hid treasures; Then shalt thou understand the fear of the LORD, and find the knowledge of God. For the LORD giveth wisdom: out of his mouth cometh knowledge and understanding...Discretion shall preserve thee, understanding shall keep thee.

PROVERBS 2:1-6 AND 11

Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding.

PROVERBS 4:7

But whoso commiteth adultery with a woman lacketh understanding: he that doeth it destroyeth his own soul.

PROVERBS 6:32

Be ye not as the horse, or as the mule, which have no understanding: whose mouth must be held in with bit and bridle, lest they come near unto thee.

PSALM 32:9

5. The four keys I've shared in this study are progressive steps that lead to an established heart.
- A. First, we value God and what He has said and done in our lives.
 - B. Second, we are thankful, which involves remembering.
 - C. Third, we use our imagination in a positive way.
 - D. If we've done all of these things, our hearts will naturally become sensitive to God.
6. You can't change your heart for the good without glorifying God, being thankful, and using your imagination in a positive way.

- A. This is how you access your heart.
- B. This is how you begin to change.
- C. These are the four keys to staying full of God!